



TRINITY'S INSPIRIT TEAM PRESENTS

A Fall Speaker Series in Celebration of the United Church of Canada's 100 Anniversary!

The series starts on Thursday October 17th and runs for four Thursday's including October 24th, November 7th and November 14th (October 31st excluded).

Time: 6:30 pm - 8:30 pm

Special Guests include:

October 17th

Sheridan Rondeau author of the book: "Dear Tony" - a memoir about Alzheimer's disease and the challenges for the person with it and their family members. All done with a touch of humour!

October 24th

Lori Knowles, a local Muskoka author, will share her summer sell out novel called: "Summers with Miss Elizabeth." Knowles explores the intricacies of family generational dynamics while skillfully weaving in the destructive family skeletons that jump out of the "old money" Muskoka cottage.

November 7th

Social worker Bernadine Togertz will be discussing the topic of estranged adult children. Why do they cut off ties and communication with their parents? And more importantly how can we move from conflict to connection again. What can be done to help repair these broken relationships? This issue is more prevalent than we may think.

November 14th

Do you have a plan for your future health and personal care? While many of us think it's a good idea, in reality less than 20 percent of us actually have a plan. Join Dr. Pam McDermott as she shows us how we can take control of our health care journey through advanced care planning.

Dessert is served between 6: 30 and 6: 55 pm.

Presentations begin at 7 pm.

Come and bring a friend!

Trinity United Church- the heart in the heart of Huntsville!

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