



The Heart in the Heart of Huntsville!

Sunday July 5, 2026



Summer Office Hours!

Summer office hours start
the week of Monday, July 6th!

The office will be open
Tuesday, Wednesday, Thursday,
from 9.30 am – 12.30 pm.



Minister: Rev. Diane Knowles

Director of Music: Kyung-A Lee

Videographer: Alastair Dunlop

Member Care Coordinator: Judy White

Church Administrator: Suzy Simson

Custodian: Judy Hall

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The United Church of Canada acknowledges
that its buildings and ministries, from coast
to coast, are on the traditional territories of
Indigenous people.



Welcome to Trinity

~ *The Heart in the Heart of Huntsville* ~

July 5th, 2026

10:00 am

“A burden shared is a burden lightened.”

“Loving Hearts... Open Minds... Serving Hands”

We Gather as God’s People

Introit: “Dance with the Spirit” MV 156

Dance with the Spirit early in the mornin’

Walk with the Spirit throughout the long day.

Work and hope for the new life aborn-in’,

Listen to the Spirit to show you the way.

(repeat)

Greeting:

One: Jesus said *“I have come that you may have life and have it abundantly!”*

All: In our daily lives may this be so.

Welcome to Trinity United Church

- the heart in the heart of Huntsville!

Welcome in Friendship! Welcome in Faith!

Welcome in God’s all-inclusive and hospitable love!

Whether you’re a quiet contemplative, a spiritual seeker, a progressive mainliner or an ex-evangelical- we are glad you’re with us! Our time together is enriched by your presence.

Trinity United Church is an Affirming community of faith- whomever you love, whatever your gender or economic status this is your community of faith. Jesus welcomed everybody and so do we! We are all God’s beloved part of our one grand human family. Love has no labels. Welcome!

-2-

Announcements

Joys and Concerns

A Moment of Quiet Reflection

Call to Worship

One: Come, all who are weary and carrying heavy burdens.

All: We come as we are- hopeful and hurting, strong and struggling.

One: Come, not because you have everything together but because Christ meets us as we are.

All: We come to find rest and inspiration for our souls.

One: Let us worship the One who walks with us and shares our burdens.

Opening Hymn: “We are Pilgrims” VU 595 (verses 1 and 2)

Opening Prayer:

Companion God, we come into this space carrying more than we can often name. Some of us carry joy overflowing. Some of us carry grief that sits quietly in the background. Some of us carry worry about tomorrow. And others carry exhaustion from yesterday. Some of us are simply trying to hold it all together. And you say to us all “Come to me”. So, we come. Open our hearts to your rest and your companionship. In the name of Jesus who shares our burdens, we pray. Amen.

Lighting of the Christ Candle by our Light Bearers

Time with our Light Bearers

(Our young people are taught the values and teachings of Jesus of Nazareth- his love and his compassion for all God’s people. In turn, they learn how to shine their love with others at home, at school and at play.)

Congregational Blessing:

Light Bearers: May the peace of Christ be with you.

All: And also, with you.

Special Summer Music

God’s Word for God’s People

Reader: Janice Elliott

Prayer of Illumination:

One: Divine Love, we come to your Word as we come to you- with open hearts and tired places within us. So, speak to us now. Take these ancient words and make them living words for us today.

New Testament Reading: Matthew 11: 16-19 25- 30 (*Jesus encourages us all to bring our cares and our worries to him even if we are out of step with society.*)

Reader: Hear what the Spirit is saying to our hearts.

All: Amen.

The Minister’s Message “A Different Drum”

Brief Musical Reflection

Hymn “We are Pilgrims” VU 595 (verses 3 and 4)

Offering Invitation:

One: In a world that can sometimes feel heavy we often try to go it alone and carry life on our own shoulders. But Jesus invites us into a different way of living- a way where burdens are shared. Our offering is one way we respond to that invitation. We give because together we help carry hope into the world. Our morning tithes and offerings will now be received.

Offering Hymn: “Grateful” MV 182

Grateful for the life you give us, thankful for your Holy Son, joyful in your Spirit flowing over all, O God of love. Grateful for the Bread of Heaven, thankful for your Holy word. Joyful in your mercy flowing, we will praise you, Lord.

Offering Prayer

Generous God, you are the One who comes alongside us when life feels too heavy to carry alone. We offer these gifts- our money, our time, our energy, our lives. Take what we bring and use it for your purposes of love in the world. May what we give together become a sign of your world here on earth- where nobody carries their burdens alone.

Hymn “We are Pilgrims” VU 595 (verses 5 and 6)

Prayers of the People

The Lord’s Prayer

**Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power and the glory
forever and ever. Amen.**

We Go into the World to Share God’s Love

Closing Song “Lean on Me”

**Sometimes in our lives we all have pain,
we all have sorrow. But if we are wise
we know that there’s always tomorrow.**

**Lean on me when you're not strong and I'll be your friend,
I'll help you carry on,
For it won't be long 'til I'm gonna need
somebody to lean on.**

**Just call on me brother when you need a hand-
we all need somebody to lean on.
I just might have a problem that you'd understand.
We all need somebody to lean on.**

**If there is a load you have to bear that you can't carry,
I'm right up the road; I'll share your load- if you just call me.**

**Lean on me when you're not strong- and I'll be your friend,
I'll help you carry on,
For it won't be long 'til I'm gonna need
Somebody to lean on.**

**Just call on me brother when you need a hand.
We all need somebody to lean on.
I just might have a problem that you'd understand.
We all need somebody to lean on.**

Commissioning: In the Spirit of Love, we have gathered and now in the Spirit of Love let us depart.

Irish Benediction

May the road rise to meet you.
May the wind be always at your back.
May the sun shine warm upon your face.
And the rains fall soft upon your fields.
And until we meet again,
May God hold us all in the palm of God's hand. Amen.

Musical Postlude Kyung- A Lee

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*Please join us in Trinity Hall following today's service where you are invited for refreshments and fellowship time.*  
With thanks to Jane & Gord Booker and Sharon & Tony Bright for hosting Coffee Hour today!

Thought for the Week  
*"We are here to help each other walk the mile  
and bear the load."*

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### **ANNOUNCEMENTS AND OTHER STUFF!**

**The Outreach Team** thanks you for helping to collect food for the Corner Lighthouse Food Bank. **July is Evaporated Milk!**

**FundScrip orders are due TODAY!** Order the amount you need for your month's groceries, gas and gifts and in doing so, Trinity benefits! Thank you for your support of this fund raiser!



### **This Week at Trinity:**

Our Inspirit Team invites you to the **summer book study** starting Tuesday July 7 to Tuesday July 28 at 2:00 pm to 3:30ish in the Arnold Room. Our book is called "The Fifth Season" by Mark Nepo - Creativity in the Second Half of Life. This book offers wise and gentle insights into growing old gracefully. The author invites us to age in a sweet, sacred and intentional way. Let's walk this road to aging well together! Warmly, Rev. D