

A big **THANK YOU** to Camp Big Canoe's Director,
Ian McTavish

for a wonderful afternoon at Camp Big Canoe.

10 adventurous souls gathered
on a beautiful, sunny September day,
to share some canoeing, hiking
and cookies (thank you to Marion!)
with tours of the various buildings
and impressive tent structures.

Be sure to check out
Trinity's website - Photo Gallery!



The United Church of Canada acknowledges
that its buildings and ministries, from coast
to coast, are on the traditional territories of
Indigenous people.



The Heart in the Heart of Huntsville!

Sunday September 20, 2026



Minister: Rev. Diane Knowles

Director of Music: Kyung-A Lee

Videographer: Alastair Dunlop

Member Care Coordinator: Judy White

Church Administrator: Suzy Simson

Custodian: Judy Hall

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Welcome To Trinity
The Heart in the Heart of Huntsville
The Sunday of Holy Grumbling
Sunday September 20, 2026 - 10:00 am

“Loving Hearts ... Open Minds ... Serving Hands”

*“Sometimes we choose the misery we know
over the freedom we don’t know.”*

WE GATHER AS GOD’S PEOPLE

Introit: “Dance with the Spirit” (MV 156)

**All: Dance with the Spirit early in the mornin’,
walk with the Spirit throughout the long day.
Work and hope for the new life aborn-in’,
listen to the Spirit to show you the way. (repeat)**

Greeting

One: Jesus said, “I have come that you may have life and have it abundantly!”

All: In our daily lives may this be so.

Welcome to Trinity United Church –
the heart in the heart of Huntsville!

Welcome in Friendship! Welcome in Faith!
Welcome in God’s all-inclusive and forgiving love!

*Trinity United Church is an Affirming community of faith,
whomever you love, whatever your gender or economic status
this is your community of faith. Jesus welcomed everybody
and so do we! We are all God’s beloved part of our one grand
human family. Love has no labels. Welcome!*

Announcements

Joys and Concerns

A Moment of Quiet Reflection

Call to Worship

One: Come, you who arrive with hearts full of gratitude and those who are carrying worries and disappointments.

All: We come just as we are.

One: Come, even if the wilderness has been longer than you expected.

All: We come trusting that God is with us in the wilderness.

One: Come, and open your eyes to the manna that is already here.

All: Let us worship the One who walks with us and gives us enough for this day. Amen.

Opening Hymn: “Psalm 100 - Make a Joyful Noise” (VU 820)

Opening Prayer

All: Loving God, some of us have been wandering through our own wilderness wondering when life will finally turn out the way we hoped it would. Help us to name what is hard without losing sight of what is good. Meet us here and lead us faithfully through whatever wilderness lies before us. Amen.

Light Beamer Song: “Count Your Blessings”

**All: When upon life’s billows you are tempest tossed,
when you are discouraged, thinking all is lost.
Count your many blessings, name them one by one,
and it will surprise you what the Lord hath done.**

(Refrain)

**Count your blessings, name them one by one.
Count your blessings, see what God hath done.
Count your blessings, name them one by one.
Count your many blessings, see what God hath done.**

**Are you ever burdened with a load of care?
Does the load seem heavy you are called to bear?
Count your many blessings, ev'ry doubt will fly,
and you will be singing as the days go by. *(Refrain)***

Lighting of the Christ candle by our Light Beamers

Time with our Light Beamers

(Our young people are taught the values and teachings of Jesus of Nazareth, his love and his compassion for all God's people. In turn, they learn how to shine their love with others at home, at school and at play.)

Congregational Blessing

Light Beamers: May the peace of Christ be with you.

All: **And also, with you.**

September Special Music: "Softly Now"

Sopranos: Sharon Webster, Sheila Petch, and Lynn Montgomery,
and Altos: Jeannette McCullough and Sally McClelland.

GOD'S WORD FOR GOD'S PEOPLE

Our Scripture Reader today is Lynn Montgomery.

Prayer of Illumination

One: Spirit of life, as we listen to your Word today, quiet our minds and soften our hearts. Help us to listen for what your Spirit is saying to us. Open our hearts to the freedom forgiveness can bring. Amen.

Old Testament Reading: Exodus 16: 2-15

(God sends manna from heaven to feed the Hebrew people in the wilderness but they are still grumbling about their lives. Why are we so quick to notice what is missing rather than what we have been given?)

Reader: Hear what the Spirit is saying to our hearts.

All: **Amen.**

The Minister's Message: "Holy Grumbling"

Brief Musical Reflection

Hymn: "Spirit of Life" (VU 381)

Offering Invitation

One: Giver of life, as you have been generous to us, help us become generous with one another. May we offer what we can so others might experience a little more of God's goodness in their wilderness time.

Our morning tithes and offerings will now be received.

Offering Hymn: "Grateful" (MV 182)

All: **Grateful for the life you give us,
thankful for your Holy Son,
joyful in your Spirit flowing over all,
O God of love.
Grateful for the Bread of Heaven,
thankful for your Holy word,
joyful in your mercy flowing,
we will praise you, Lord.**

Offering Prayer

All: **Generous God, thank you for the manna you place before us each day, for the blessings we sometimes notice and the blessings we sometimes overlook. Take these offerings and bring hope where there is despair, welcome where there is loneliness, and nourishment where there is need. Help us to focus on what we have, not on what we don't have. May these gifts become manna for someone else. Amen.**

Prayers of the People

The Lord's Prayer

All: **Our Father,
who art in heaven, hallowed be thy name.
Thy Kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power and the glory
forever and ever. Amen.**

**WE GO INTO THE WORLD TO SHARE
GOD'S LOVE**

Closing Hymn: "Guide Me, O Thou Great Jehovah"
(VU 651)

Commissioning

One: In the Spirit of love we have gathered and now in the Spirit of love let us depart.

Irish Benediction

One: May the road rise to meet you.
May the wind be always at your back.
May the sun shine warm upon your face.
And the rains fall soft upon your fields.
And until we meet again,
May God hold us all in the palm of God's hand. Amen.

Musical Postlude: Lynda Arnold

Following the Postlude, let's take three minutes to greet one another with the peace of Christ or simply reach out and say hello to somebody you have not had the blessing of meeting until today.



Please join us in Trinity Hall following today's service where you are invited for a cup of tea or coffee and fellowship time.

Our Coffee Hour this morning is hosted by some of Trinity's Trustees. Trinity's Trustees are Will Gibson, Gord Booker, Julie Brushey, Alastair Dunlop, Doug Farrar, Diane Litchfield and Rev. Diane Knowles.



Thought for the Week!

*"We will always find what we are looking for.
Look for the bad stuff and you will find it.
Look for the good stuff and you will find that too."*

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ANNOUNCEMENTS AND OTHER STUFF!

The Outreach Team thanks you for helping to collect food for the Corner Lighthouse Food Bank.

September is Granola Bars and Juice Boxes!

They are also in need of empty 12 and 18 size egg boxes and reusable grocery bags. These can be left in the basket opposite Trinity Hall. Thank you!



Soup for sale today!! The UCW will be selling soup in Trinity Hall after the service today. Large is \$5 and small is \$2.50. First come, first served!

Sunday Coffee Hours!

Thanksgiving Sunday, October 11 needs Coffee Hosts!! Let Lynda Arnold know if you are available! Thanks!

If you would like a prayer included with the prayers of the people, **Prayer Pockets** are available and should be placed on the offering plate. Thank you!



Please remember the **Benevolent Fund Basket** in



Trinity Hall at Coffee Hour after worship. Your donation for the coffee and goodies helps the

Outreach Team to help others in our community who are going through a difficult time in their lives. Thank you for your support!



An Invitation to Experience the Divine

What if the sacred is closer than we imagine?

We walk our streets carrying loneliness, worry, longing and despair, often unaware of the deep well of Spirit within us. Yet we are made in the image of God. The Divine is not distant or waiting for us somewhere else. There is something holy within us, spiritual birthright that is already ours.

Jesus' spoke of the Kingdom of God as something not simply *out there*, but something we can discover within.

Our upcoming **Alternative Evening Worship Service on September 30 at 7:00 pm** is an invitation to slow down, become still, and awaken to that presence.

Through music, silence, meditation and reflection, we will create space to move beyond simply *thinking about* God and toward an experience of the Divine.

No pressure. No expectations. Just a quiet place to breathe, listen, become aware and perhaps remember something you have forgotten: **The Holy is already within you.**

Come and discover a different way of worshipping.

Come and be still.

Come and awaken.

Come and remember what is already there.

